

London Cycle Campaign (LCC) will be providing free group rides for adults on behalf of Lewisham Council. All rides will be at a gentle pace with very little in the way of hills to worry about! Cycling into Central London along Quietway 1 is a lot easier, safer and quicker than you may think!! If you don't have your own bike or currently have one on loan from the cycle loan scheme, contact LCC before you book a ride and request to borrow one of the Lewisham Council pool bikes for the duration of the ride.

LCC Ride Dates and online booking –

**Sat 21 April - Ladywell to Waterloo – Quietway 1**

<https://lcc.org.uk/events/lewisham-summer-rides-quietway-1>

**Sat 19 May - Ladywell to the Thames Barrier!**

<https://lcc.org.uk/events/lewisham-summer-rides-to-the-thames-barrier>

**Wed 30 May - Ladywell to Waterloo – Quietway 1**

<https://lcc.org.uk/events/lewisham-summer-rides-quietway-1-1>

**Sat 9 June - Ladywell to Waterloo – Quietway 1**

<https://lcc.org.uk/events/lewisham-summer-rides-quietway-1-2>

**Wed 27 June - Ladywell to the Thames Barrier!**

<https://lcc.org.uk/events/lewisham-summer-rides-to-the-thames-barrier-1>

**Sat 7 July - Ladywell to the Thames Barrier!**

<https://lcc.org.uk/events/lewisham-summer-rides-to-the-thames-barrier-2>

**Wed 11 July - Ladywell to Waterloo – Quietway 1**

<https://lcc.org.uk/events/lewisham-summer-rides-quietway-1-3>

**Sat 4 August - Ladywell to Waterloo – Quietway 1**

<https://lcc.org.uk/events/lewisham-summer-rides-quietway-1-4>

**Wed 29 Aug - Ladywell to the Thames Barrier!**

<https://lcc.org.uk/events/lewisham-summer-rides-to-the-thames-barrier-3>

**Wed 5 September – Ladywell to the Thames Barrier!**

<https://lcc.org.uk/events/lewisham-summer-rides-to-the-thames-barrier-4>

**LCC website**

<https://lcc.org.uk/events/lewisham-cycle-loan-scheme>

<https://lcc.org.uk/events/lewisham-cycle-loan-scheme?esid=12849>

**For families Lewisham Cyclists (local cycling enthusiast group) are currently offering the following rides –**

*Sat 5 May – Lewisham Cyclists – Family Ride First Saturdays*

<https://lcc.org.uk/events/family-ride-first-saturdays?esid=12533>

*Sat 2 June - Lewisham Cyclists – Family Ride First Saturdays*

<https://lcc.org.uk/events/family-ride-first-saturdays?esid=12534>

*Sat 7 July - Lewisham Cyclists – Family Ride First Saturdays*  
<https://lcc.org.uk/events/family-ride-first-saturdays?esid=12535>

*Sat 4 August - Lewisham Cyclists – Family Ride First Saturdays*  
<https://lcc.org.uk/events/family-ride-first-saturdays?esid=12536>

*Sat 4 August - Lewisham Cyclists – Family Ride First Saturdays*  
<https://lcc.org.uk/events/family-ride-first-saturdays?esid=12536>

*Sat 8 September - Lewisham Cyclists – Family Ride First Saturdays*  
<https://lcc.org.uk/events/lewisham-summer-rides-quietway-1-5>

<https://lewishamcyclists.co.uk/calendar-of-events/>

*Kind Regards*

*Alan*

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For information about cycling go to -  
<https://www.lewisham.gov.uk/Search/Pages/Results.aspx?k=cycling>