

Allergy/Intolerance Menu

Soya Free

Allergy/Intolerance:
Child Name / Area:
Dates / Term:

Central Spring Summer 2023

Implementation Date if required:

DATES	WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
17th April 8th May 9th May 19th June 10th July 4th Sept 25th Sept 16th Oct	Option 1			Roast of the Day, Roast Potatoes & Gravy #SD7 #SD82 #SD118	Quirky Bird BBQ or Lemon & Herb Chicken or Vegan Quorn with Jollof Rice & Salads #QB6 #QB8 #V205 #QB10 #QB1 #QB3	Fishfingers with Chips & Tomato Sauce #F6 #SD5 #SD14
	Option 2 (if there is a choice)	Crunchy Topped Vegetable Bake with New Potatoes #V193 #SD2	Wholemeal Vegetable Pasta Bake #V73	NEW Sweet Potato & Spinach Flan with Roast Potatoes #V213 #SD7 #SD82		Phat Mexican Bean Roll with Chips & Tomato Sauce #V161 #SD5 #SD14
	Vegetables	Mixed Salad #SD25	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Peas #SD18
		Coleslaw #SD47				Baked Beans #SD22
Dessert	NEW Syrup Snap Biscuit #D219	Fruit Jelly with Mandarins #D217	Freshly Chopped Fruit #D223	Iced Vanilla Sponge #D177	Oaty Cookie #D85	
DATES	WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
24th April 15th May 5th June 26th June 17th July 11th Sept 2nd Oct	Option 1	A choice of different Mac & Cheese flavours #V11 #MC9 #MC10 with a choice of Cajun Chicken, Garlic & Herb Croutons Garlic mushrooms, Roasted Vegetables or BBQ beans		Minced Beef & Onion Pie with Roast Potatoes #B45 #SD7 #SD82	Chef's Special Chicken Korma with Rice #C86 #SD84	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce #F1 #F6 #SD5 #SD14
	Option 2 (if there is a choice)	#MC2 #MC3 #MC4 #MC5 #MC6 #MC7 #MC8	Vegan Sausage Hot Dog with Potato Wedges #V182 #SD33 #SD6	Potato and Courgette Layer Bake #V10	Vegetable Wellington with New Potatoes & Gravy #V12 #SD2 #SD118	Beetroot Burger with Chips & Tomato Sauce #BB3 #SD17 #SD5 #SD14
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Peas #SD18
						Baked Beans #SD22
Dessert	Lemon & Cucumber Sponge #D184	Apple Flapjack #D171	Fruit Medley #D224	Peach Crumble (No Cream) #D19	Vanilla Shortbread #D57	
DATES	WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
1st May 22nd May 12th June 3rd July 24th July 18th Sept 9th Oct	Option 1		Spaghetti Bolognese #B37 #SD8	Roast of the Day, Roast Potatoes & Gravy #SD7 #SD82 #SD118	NEW Greek Chicken Pitta with Seasoned Wedges #GR1 #SD6	Fishfingers with Chips & Tomato Sauce #F6 #SD5 #SD14
	Option 2 (if there is a choice)	Lentil and Sweet Potato Curry with Rice #V108 #SD84		Vegan Quorn with Stuffing, Roast Potatoes & Gravy #V204 #SD7 #SD82 #SD118 #SD40	NEW Spinach & Cheese Whirl with Seasoned Wedges #GR2 #SD6	Cheese & Red Pepper Frittata with Chips & Tomato Sauce #V24 #SD5 #SD14
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Fresh Salad
						Rainbow Slaw #SD92
Dessert	Peaches with Ice Cream #D166 #D13	Carrot & Courgette Cake #D174	Fruit Platter #D225	Chocolate Shortbread #D80	NEW Cornflake Tart #D221	

Note: no other menu options other than above should be offered in relation to this menu

ALLERGY INFORMATION: Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/ intolerance, then please email info@caterlinktd.co.uk for someone to contact you.

Pupil Identification: Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving there meal.