



## LEWISHAM PARENT AND CARER'S FORUM

Parents and Carers of Children and Young People with additional needs and/or disabilities – you don't need to do this alone

Lewisham Parent and Carer's Forum (LPCF) are a registered charity. We are a group of parent carers who have children or young people with a disability or additional need, living in the Borough of Lewisham.

The aim of the Parent Forum is to encourage parent participation and engagement and to get the best services for our children. Working with the local authority, education, health and social care, voluntary organisations and universal services, we feedback your views, provide support and run workshops

We provide free training workshops on SEN Support, EHCPs, Preparing for Adulthood, The Care Act, Mental Capacity Act and many other topics. We run coffee mornings, parent forum meetings with professional speakers. We have a transitions project, benefits and finances adviser and family support worker. We also run an up to date website and monthly newsletters. *We are currently running a Girls Autism Group every fortnight – ages 10 to 18 years.*

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**Please do join our Parent Forum by calling, using the email below, or on our website link.**

 075345 68020  [info@lewishamparentcarer.org.uk](mailto:info@lewishamparentcarer.org.uk)  [www.lewishamparentcarer.org.uk](http://www.lewishamparentcarer.org.uk)

Social media

 <https://www.facebook.com/LewishamPCF>  <https://twitter.com/LewishamPCF>

Lewisham Parent and Carer's Forum—Leemore Central Community Hub  
Bonfield Road, Lewisham, London SE13 5EU—Tel: 075345 68020 —  
[info@lewishamparentcarer.org.uk](mailto:info@lewishamparentcarer.org.uk) - [www.lewishamparentcarer.org.uk](http://www.lewishamparentcarer.org.uk)  
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**contact** For families with disabled children

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